

The Brown Cow Inn Lunch Menu

Tel - 01229 462553

Visit www.browncowinn.co.uk

PLEASE INFORM A MEMBER OF STAFF IF YOU HAVE ANY FOOD ALLERGIES

The Brown Cow Inn Lunch Menu

Starters 'n' Snacks

Soup of the day with bread roll	£2.95
Crispy coated garlic mushrooms with garlic dip	£3.95
Assorted Chinese dimsum with sweet chilli dip	£4.50
Hot 'n' spicy chicken dippers with sweet chilli dip	£3.95
Duck & hoi sin spring rolls with sweet chilli dip	£4.50
Oriental king prawns with sweet chilli dip	£4.50
Prawn cocktail topped with Marie rose sauce	£4.50

Sandwiches (brown or white bread)/baquettes served with a salad garnish

Cheese & Onion	£4.25/£4.75
Roast beef	£4.25/£4.75
Roast ham	£4.25/£4.75
Tuna mayonnaise	£4.25/£4.75
Cheese & Ham	£4.25/£4.75
Chicken mayonnaise	£4.25/£4.75
Prawns with Marie rose sauce	£4.75/£5.05

(Not served on Sundays or at busy periods, sorry!)

Jacket potatoes served with salad garnish and a choice of the following fillings

Baked potato with cheese	£4.75
Baked potato with beans	£4.75
Baked potato with cheese and beans	£4.75
Baked potato with tuna mayonnaise	£4.75
Baked potato with chicken curry	£4.75
Baked potato with prawns and Marie rose sauce	£4.95
Large basket of chips	£2.65
Garlic bread	£2.75
Cheesy garlic bread	£2.95

Grills & Meats

3 lamb chops served with salad, vegetables & choice of potatoes	£12.35
16oz mature Welsh rump steak with fried mushrooms & vegetables	£17.35
10oz mature Welsh sirloin steak with fried mushrooms & vegetables	£16.95
Large gammon steak with fried mushrooms, pineapple or egg & vegetables	£9.95
Mixed grill ; gammon, rump steak, sausages, burger, lamb chop & mushrooms	£19.35
8-10oz mature rib eye steak with fried mushrooms & vegetables	£16.30
8oz mature Welsh fillet steak with fried mushrooms, & vegetables	£19.35
Locally produced Cumberland sausage, fried egg & mushrooms	£8.95
Two burger buns with fried onions, chips and salad garnish	£6.50
Slow roasted lamb shank in red wine & rosemary gravy & vegetables	£10.95
Steak 'n' kidney encased in a suet pastry topped with gravy	£8.45
A large wedge of steak pie topped with gravy served with fresh vegetables	£8.50

All served with either chips, baked or boiled potatoes.

Due to an increase in charges, 2% will be applied to credit card transactions & 40p to debit cards.
We do apologise for this.

Chicken, ham and mushrooms in a creamy sauce encased in a suet pastry served with vegetables & choice of potatoes topped with gravy	£8.45
Fresh garlic and herb chicken fillet, served with salad garnish, vegetables & choice of potatoes	£8.25
Fresh peppered chicken fillet served with salad garnish, vegetables & choice of potatoes	£8.25
Fresh chinese style chicken fillet served with salad garnish, vegetables & choice of potatoes	£8.25
Slow roasted lamb shank in mint gravy, served with fresh vegetables & choice of potatoes	£10.95
Large half roast chicken served with salad garnish, vegetables & choice of potatoes	£7.95

Curry Dishes

Sweet & sour chicken served with salad, naan bread & rice/chips or both	£7.95
Red Thai chicken curry with salad garnish & rice/chips or both	£7.95
Chicken madras with salad garnish, naan bread & rice/chips or both	£7.95
Chicken korma served with salad garnish, naan bread & rice/chips or both	£7.95
Chicken tikka masala served with a salad, naan bread & rice/chips or both	£7.95
Medium hot chicken curry served with salad, naan bread & rice/chips or both	£7.25

Salads

Ham & cheese ploughman's with pickle and bread roll	£7.95
Home roast beef	£7.95
Roast ham	£7.95
Tuna mayonnaise	£7.95
Icelandic prawns with Marie rose sauce	£8.45

All served with either chips, baked or boiled potatoes

Seafood and Pasta Dishes

Seafood platter served with salad garnish, vegetables & choice of potatoes	£8.20
Fresh salmon steak oven cooked served with salad garnish, vegetables & choice of potatoes	£9.50
Whole tail breaded scampi (approx 14 pieces) served with salad garnish, vegetables & choice of potatoes	£8.35
Tuna pasta bake served with salad, vegetables & choice of potatoes	£7.95
Fresh fish cooked in our own batter served with salad garnish, vegetables & choice of potatoes	£8.75
Meat lasagne served with salad garnish, garlic bread & choice of potatoes	£7.65

Vegetarian Options

Broccoli and cream cheese bake served with salad garnish, vegetables & choice of potatoes	£7.20
Spinach and ricotta cheese cannelloni served with salad garnish, vegetables & choice of potatoes	£7.20
Tikka, madras or sweet and sour with chunky vegetables served with salad garnish & rice/chips or both	£7.20
Chunky vegetables in a medium hot curry served with salad garnish, naan bread & rice/chips or both	£7.20

Something For The Kids

Sausages and chips	£3.45
Fish fingers and chips	£3.45
Chicken nuggets and chips	£3.45
Turkey dinosaurs and chips	£3.45
Scampi and chips	£3.45
Burger bun with chips	£3.45

**Can be served with peas or beans
 (If you would prefer new potatoes or rice please ask)
 See Dessert Menu For A Selection Of Sweets & Range
 Of Coffees & Teas**