

The Brown Cow Inn

Tel - 01229 462553

STARTERS

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| Soup of the day with bread roll | £2.95 |
| Crispy coated garlic mushrooms with garlic dip | £4.35 |
| Assorted Chinese dim sum with sweet chilli dip | £4.55 |
| Hot 'n' Spicy chicken dippers with sweet chilli dip | £4.35 |
| Mini duck and hoi sin spring rolls with dip | £4.55 |
| Oriental king prawns with sweet chilli dip | £4.55 |
| Prawn cocktail topped with Marie rose sauce | £4.55 |
| Cheese garlic bread | £2.95 |
| Garlic bread | £2.75 |

GRILLS

ALL SERVED WITH FRIED MUSHROOMS

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| <u>LAMB CHOPS</u> - 3 lamb chops | £12.45 |
| <u>RUMP</u> - 18oz mature rump steak | £17.45 |
| <u>SIRLOIN</u> - 10oz mature sirloin steak | £16.95 |
| <u>MIXED GRILL</u> - consisting of gammon, rump steak, sausages, burger, lamb chop, fried tomato and mushrooms Not Served With Salad | £19.45 |
| <u>RIB EYE</u> - 8-10oz mature rib eye steak | £16.45 |
| <u>FILLET</u> - 8oz mature fillet steak | £19.45 |
| <u>SURF 'n' TURF</u> - Rump steak and scampi tails | £14.55 |
| <u>Sauces: peppercorn or Diane sauce £1.95</u> | |
| <u>GAMMON</u> - Large gammon steak with fried mushrooms, pineapple or egg | £11.45 |
| <u>VIKING GAMMON</u> - topped with pineapple and melted cheese | £12.95 |

MEAT & POULTRY

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| <u>STEAK PIE</u> - A large square of steak pie with vegetables topped with gravy | £9.95 |
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| <u>CUMBERLAND SAUSAGE</u> - Locally produced Cumberland sausage, fried egg and mushrooms | £9.95 |
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| <u>CHICKEN & HAM SUET PUDDING</u> - Chicken, ham and mushrooms in a creamy sauce in suet pastry with gravy and vegetables | £8.95 |
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| <u>STEAK & KIDNEY SUET PUDDING</u> - with gravy and vegetables | £8.95 |
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| <u>RED WINE LAMB SHANK</u> - Tender lamb shank in red wine & rosemary gravy and vegetables | £11.50 |
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| <u>MINTED LAMB SHANK</u> - Tender lamb shank in mint and onion gravy and vegetables | £11.50 |
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| <u>ITALIAN CHICKEN</u> - Fresh chicken fillet topped with tomato and basil and melted cheese | £10.45 |
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| <u>BBQ CHICKEN</u> - Fresh chicken fillet topped with bbq sauce and melted Cheese | £10.45 |
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| <u>GARLIC CHICKEN</u> - Fresh garlic and herb chicken fillet | £9.45 |
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| <u>PEPPERED CHICKEN</u> - Fresh peppered chicken fillet | £9.45 |
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| <u>CHINESE CHICKEN</u> - Fresh Chinese style chicken fillet | £9.45 |
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| <u>ROAST CHICKEN</u> - Half fresh roast chicken | £8.95 |
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| <u>SCOTTISH VENISON</u> - with mushrooms in a red wine gravy & fresh vegetables | 11.95 |
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| <u>DUCK</u> - in a cider & apple sauce with fresh vegetables | £11.95 |
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SEAFOOD & PASTA

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| <u>SALMON STEAK</u> - Fresh salmon steak oven cooked | £10.95 |
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All served with salad & vegetables and choice of new potatoes, jacket potato or homemade chips unless otherwise stated

SCAMPI - Wholetail breaded scampi £9.25

FRESH FISH - A large fresh fish
cooked in our own batter £9.75

TUNA - Fresh grilled tuna steak
(ask for availability) £10.25

LASAGNE - Meat lasagne & garlic
bread £9.35

TUNA PASTA BAKE - Fusilli pasta
with chunks of tuna with spinach in a
cheese sauce £9.35

SEAFOOD PLATTER - Selection of
seafood's in breadcrumbs £9.45

CURRY DISHES

SWEET AND SOUR CHICKEN naan
bread & rice/chips or both £9.35

RED THAI CHICKEN CURRY naan
bread & rice/chips or both £9.35

CHICKEN MADRAS naan bread &
rice/chips or both £9.35

CHICKEN TIKKA MASALA naan bread
& rice/chips or both £9.35

MEDIUM HOT CHICKEN CURRY
naan bread & rice/chips or both £8.75

SALADS

Home roast beef £9.45

Home roast ham £9.45

Tuna mayonnaise £9.45

Prawns with Marie rose sauce £9.75

VEGETARIAN MEALS

BROCCOLI BAKE - Broccoli and
cream cheese bake £8.95

VEGETABLE CANNELLONI - Spinach and ricotta
cheese with garlic bread £8.95

VEGETABLE CURRIES - Tikka, madras or
sweet and sour with chunky vegetables
served with rice/chips or both £8.95

All served with salad, vegetables and choice of potatoes unless otherwise stated

Jacket potatoes served with salad garnish and a choice of the following fillings

Baked potato with cheese £5.75

Baked potato with beans £5.75

Baked potato with cheese and beans £5.75

Baked potato with tuna mayonnaise £5.75

Baked potato with prawns and
Marie rose sauce £5.95

Children's Meals

Sausages and chips £3.75

Fish fingers and chips £3.75

Chicken nuggets and chips £3.75

Chicken teddies and chips £3.75

Scampi and chips £3.75

Burger in a bun with chips £3.75

Served with peas or beans

(If you would prefer new potatoes or rice please ask)

PLEASE KEEP YOUR CHILDREN UNDER SUPERVISION

SWEETS

Traditional Sticky Toffee Pudding

Jam Sponge Pudding

Banoffee Sponge Pudding

Lime & Ginger Cheesecake

Banana Split with ice-cream & cream

White Chocolate & Raspberry Cheesecake

Hot Chocolate Fudge cake

Apple & Cinnamon Crumble

Summer Fruit Meringue Sundae

Ice-Cream Sundae

Banoffee Meringue Roulade

*All the above can be served with either cream, ice-cream or
custard*

(unless otherwise stated)

£3.95 each

(unless inclusive of 3 course Sunday lunch)

FRESH GROUND COFFEE'S AVAILABLE

SPECIALS AVAILABLE